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Full Trilyte Split Dose Colonoscopy Prep

NAME:_____ PHYSICIAN: _____

DAY AND DATE:_____ TIME:_____ ARRIVE AT: _____

PLACE: _____ REPORT TO: _____

Please note: There is a 24 hour cancellation policy. For procedures cancelled with less than 24 hours notice, a fee of $125 dollars will be assessed.

1 week Before your test	• Check with our office for specific instructions if you take ANY blood thinning medications (Coumadin, Pradaxa, Effient, Aspirin (Ecotrin), Eliquis, Xarelto, Plavix, etc.) • Check with your physician for specific instructions if you take ANY diabetes medications (Insulin, Metformin, Janumet, Glipizide, etc.) • Pick up Trilyte solution from your pharmacy • STOP oral iron 5 days before test (Vitamins with iron are OK)
DAY Before your test	• START a CLEAR LIQUID DIET when you wake up • NO RED LIQUIDS (No milk, No orange juice) • Gatorade, juice, water, ice pops, tea, coffee are OK • At 4 PM START TO DRINK 2 LITERS of Trilyte slowly over several hours. If you are nauseous, take a 1hr break and start again until the Trilyte is complete Use LOLLIPOPS (RED ones are OK) and CHILL the Trilyte to help with tolerating the prep • Continue CLEAR LIQUID diet • Get some sleep

DAY of your test	• TAKE all your usual medications when you wake up with a sip of water
	• Continue CLEAR LIQUID diet
	• 5 Hours before your test: START TO DRINK 2 LITERS of Trilyte slowly over 3 hours or less
	• 2 Hours before your test: STOP ALL oral intake-NOTHING!!!
	   NO gum or candy
	   NO cologne, perfume, or lotions please!
	• You must have a ride home-NO Driving until the following day!
	• For all women of child-bearing age, a urine pregnancy test must be done on arrival at the center.