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### **HET Hemorrhoid Banding Prep**

NAME: \_\_\_\_\_ PHYSICIAN: \_\_\_\_\_

DAY AND DATE: \_\_\_\_\_ TIME: \_\_\_\_\_ ARRIVE AT: \_\_\_\_\_

PLACE: \_\_\_\_\_ REPORT TO: \_\_\_\_\_

Please note: There is a 24 hour cancellation policy. For procedures cancelled with less than 24 hours notice, a fee of \$125 dollars will be assessed.

**DAY of your  
procedure**

- No solid food after MIDNIGHT. START a clear liquid diet when you wake up.
- No milk, No orange juice
- Gatorade, juice, water, ice pops, tea, coffee are OK
- TAKE all your usual medications when you wake up with a sip of water
- Continue CLEAR LIQUID diet
- 4 Hours before your test: STOP ALL oral intake-NOTHING!!!
  - NO gum or candy
  - NO cologne, perfume or lotions please!
- TAKE 1 Fleet enema rectally 1 hour before you leave your home for procedure.
- You must have a ride home-NO Driving until the following day!
- For all women of child-bearing age, a urine pregnancy test must be done on arrival at the center.