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## **Suprep Split Dose Colonoscopy Prep**

NAME: \_\_\_\_\_ PHYSICIAN: \_\_\_\_\_

DAY AND DATE: \_\_\_\_\_ TIME: \_\_\_\_\_ ARRIVE AT: \_\_\_\_\_

PLACE: \_\_\_\_\_ REPORT TO: \_\_\_\_\_

Please note: There is a 24 hour cancellation policy. For procedures cancelled with less than 24 hours notice, a fee of \$125 dollars will be assessed.

### **1 week Before your test**

- Check with our office for specific instructions if you take ANY blood thinning medications (Coumadin, Pradaxa, Effient, Aspirin (Ecotrin), Eliquis, Xarelto, Plavix, etc.)
- Check with your physician for specific instructions if you take ANY diabetes medications (Insulin, Metformin, Janumet, Glipizide, etc.)
- Pick up Suprep solution from your pharmacy
- STOP oral iron 5 days before test  
(Vitamins with iron are OK)

### **DAY Before your test**

- START a CLEAR LIQUID DIET when you wake up
- NO RED LIQUIDS (No milk, No orange juice)
- Gatorade, juice, water, ice pops, tea, coffee are OK
- At 6 PM DRINK 1<sup>st</sup> dose of Suprep after mixing as per instructions on Suprep container
- THEN drink TWO (2) 16 oz glasses of drinking water  
Use LOLLIPOPS (RED ones are OK)
- Continue CLEAR LIQUID diet
- Get some sleep

### **DAY of your test**

- TAKE all your usual medications when you wake up with a sip of water
- 6 Hours before your test: DRINK 2<sup>ND</sup> dose of Suprep
- THEN drink TWO (2) 16 oz glasses of clear liquid
- Continue CLEAR LIQUID diet
- 2 Hours before your test: STOP ALL oral intake-NOTHING!!!  
NO gum or candy  
NO cologne, perfume, or lotions please!
- You must have a ride home-NO driving until the following day!
- For all women of child-bearing age, a urine pregnancy test must be done on arrival at the center.