Ivan Friedrich, M.D. Kenneth P. Rubin, M.D. Vincent S. Panella, M.D. Mark S. Sapienza, M.D. Irina Kaplounov, M.D.

Sandarsh R. Kancherla, M.D.
Diplomates, American Board of Gastroenterology and Internal Medicine
420 Grand Avenue
Englewood, N.J. 07631
(201)569-7044

## **HET Hemorrhoid Banding Prep**

| N     | NAME:  | PHYSICIAN:         |   |
|-------|--|--------------------|---|
| Ι     | DAY AND DATE: TI                                     | IME:               | ARRIVE AT:                                  |
| F     | PLACE:   | REPORT TO          | •   |
| Pleas | se note: There is a 24 hour cancellation policy. For | procedures cancell | ed with less than 24 hours notice, a fee of |
| \$125 | dollars will be assessed.                            | _                  |   |

## DAY of your procedure

- No solid food after MIDNIGHT. START a clear liquid diet when you wake up.
- No milk, No orange juice
- Gatorade, juice, water, ice pops, tea, coffee are OK
- TAKE <u>all</u> your usual medications when you wake up with a sip of water
- Continue CLEAR LIQUID diet
- 4 Hours before your test: STOP <u>ALL</u> oral intake-NOTHING!!!
  - o NO gum or candy
  - o NO cologne, perfume or lotions please!
- TAKE 1 Fleet enema rectally 1 hour before you leave your home for procedure.
- You must have a ride home-NO Driving until the following day!
- For all women of child-bearing age, a urine pregnancy test must be done on arrival at the center.