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### Modified Colonoscopy Prep

NAME: \_\_\_\_\_ PHYSICIAN: \_\_\_\_\_

DAY AND DATE: \_\_\_\_\_ TIME: \_\_\_\_\_ ARRIVE AT: \_\_\_\_\_

PLACE: \_\_\_\_\_ REPORT TO: \_\_\_\_\_

Please note: There is a 24 hour cancellation policy. For procedures cancelled with less than 24 hours notice, a fee of \$125 dollars will be assessed.

#### 1 week Before your test

- Check with our office for specific instructions if you take ANY bloodthinning medications (Coumadin, Pradaxa, Effient, Aspirin (Ecotrin), Eliquis, Xarelto, Plavix, etc.)
- Check with your physician for specific instructions if you take ANY diabetes medications (Insulin, Metformin, Janumet, Glipizide, etc.)
- Pick up Trilyte solution and purchase 1-10oz bottle of citrate of magnesia (no cherry flavor) from your pharmacy
- STOP oral iron 5 days before test (Vitamins with iron are OK)

#### DAY Before your test

- START a CLEAR LIQUID DIET when you wake up
- NO RED LIQUIDS (No milk, No orange juice)
- Gatorade, juice, water, ice pops, tea, coffee are OK
- At 4-6 PM DRINK 1 bottle of Citrate of Magnesia
- 6-8 PM START TO DRINK 4 LITERS of Trilyte slowly over several hours. If you are nauseous, take a 1hr break and start again until the Trilyte is complete. You may stop drinking sooner if your movements are watery and clear yellow in color

Use LOLLIPOPS (RED ones are OK) and CHILL the Trilyte to help with tolerating the prep

**DAY of your test**

- Continue CLEAR LIQUID diet
- Get some sleep
  
- TAKE all your usual medications when you wake up with a sip of water
- Continue CLEAR LIQUID diet
- 4 Hours before your test: STOP ALL oral intake- NOTHING!!! NO gum or candy  
NO cologne, perfume, or lotions please!
- You must have a ride home-NO Driving until the following day!
- For all women of child-bearing age, a urine pregnancy test must be done on arrival at the center.