



Englewood Office

420 Grand Avenue, Suite 101 Englewood, NJ 07631

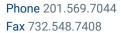
Ivan Friedrich, MD • Kenneth P. Rubin, MD • Mark S. Sapienza, MD • Irina Kaplounov, MD • Sandarsh R. Kancherla, MD • Grace H. Yang, MD

Diplomates, American Board of Gastroenterology and Internal Medicine

Modified Split Colonoscopy Prep

NAME:	PHYSICIAN:		
DAY AND DATE:	TIME:	ARRIVE AT:	
		REPORT TO:r cancellation policy. For procedures cancelled with le	
Please note: There is a 24 h notice, a fee of \$125 dollars	our cancellation policy. Fo will be assessed.	r procedures cancelled with	less than 24 hours
1 week Before your test	ANY blood Effient, Asp • Check with y	 Check with our office for specific instructions if you take ANY bloodthinning medications (Coumadin, Pradaxa, Effient, Aspirin (Ecotrin), Eliquis, Xarelto, Plavix, etc.) Check with your physician for specific instructions if 	
	you take ANYdiabetes medications (Insulin, Metformin, Janumet, Glipizide, etc.)		
	Pick up Trily bottle of c	rte solution and purchase 1- itrate ofmagnesia(no cherry pharmacy	
	• STOP oral iro OK)	on 5 days before test (Vitam	nins with iron are
DAY Before your		AR LIQUID DIET when you v UIDS (No milk, No orange ju	•
test		iice, water, ice pops, tea, co RINK 1 bottle of Citrate of N	
	several hours. start again un drinking soon	RT TO DRINK 4 LITERS of Tril . If you are nauseous, take a til the Trilyte is complete. Yo er if your movements arewa	a 1hr break and ou may stop
		r POPS (RED ones are OK) an nelpwith tolerating the prep	

• Continue CLEAR LIQUID diet





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DAY of your test

- Get some sleep
- TAKE <u>all</u> your usual medications when you wake up with a sip ofwater
- Continue CLEAR LIQUID diet
- 5 Hours before your test: START TO DRINK 1 LITER of Trilyteslowly over 3 hours or less
- 2 Hours before your test: STOP <u>ALL</u> oral intake-NOTHING!!!NO gum or candy
 NO cologne, perfume, or lotions please!
- You must have a ride home-NO Driving until the following day!
- For all women of child-bearing age, a urine pregnancy test must be doneon arrival at the center.