

Ivan Friedrich, MD • Kenneth P. Rubin, MD • Mark S. Sapienza, MD • Irina Kaplounov,
MD • Sandarsh R. Kancherla, MD • Grace H. Yang, MD

Diplomates, American Board of Gastroenterology and Internal Medicine

Suprep Split Dose Colonoscopy Prep

NAME: _____ PHYSICIAN: _____

DAY AND DATE: _____ TIME: _____ ARRIVE AT: _____

PLACE: _____ REPORT TO: _____

Please note: There is a 24 hour cancellation policy. For procedures cancelled with less than 24 hours notice, a fee of \$125 dollars will be assessed.

1 week Before your test

- Check with our office for specific instructions if you take ANY bloodthinning medications (Coumadin, Pradaxa, Effient, Aspirin (Ecotrin), Eliquis, Xarelto, Plavix, etc.)
- Check with your physician for specific instructions if you take ANY diabetes medications (Insulin, Metformin, Janumet, Glipizide, etc.)
- Pick up Suprep solution from your pharmacy
- STOP oral iron 5 days before test (Vitamins with iron are OK)

DAY Before your test

- START a CLEAR LIQUID DIET when you wake up
- NO RED LIQUIDS (No milk, No orange juice)
- Gatorade, juice, water, ice pops, tea, coffee are OK
- At 6 PM DRINK 1st dose of Suprep after mixing as per instructions on Suprep container
- THEN drink TWO (2) 16 oz glasses of drinking water Use LOLLIPOPS (RED ones are OK)
- Continue CLEAR LIQUID diet
- Get some sleep

DAY of your test

- TAKE all your usual medications when you wake up with a sip of water

- 6 Hours before your test: DRINK 2ND dose of Suprep
- THEN drink TWO (2) 16 oz glasses of clear liquid
- Continue CLEAR LIQUID diet
- 2 Hours before your test: STOP ALL oral intake-
NOTHING!!!NO gum or candy
NO cologne, perfume, or lotions please!
- You must have a ride home-NO driving until the following day!
- For all women of child-bearing age, a urine pregnancy test must be done on arrival at the center.