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Video Capsule Endoscopy

NAME: _____ PHYSICIAN: _____

DAY AND DATE: _____ TIME: _____ ARRIVE AT: _____

PLACE: _____ REPORT TO: _____

Description

Video Capsule Endoscopy is a non-invasive type of endoscopy often performed as an outpatient in the doctor's office or other outpatient location. It is portable and enables your doctor to examine the three portions of your small intestine (duodenum, jejunum, and ileum). A vitamin pill-sized video capsule acts as an endoscope, which has its own camera and light source. Images are sent to a data recorder that you will wear on a waist belt. No sedation is necessary.

Preparation BEFORE the Video Capsule Endoscopy

1 week Before your test

- STOP oral iron 5 days before test (Vitamins with iron are OK)

DAY Before your test

- 4PM START a CLEAR LIQUID DIET
- NO RED LIQUIDS (No milk, No orange juice)
- Gatorade, juice, water, ice pops, tea, coffee are OK
- DRINK nothing after midnight

DAY of your test

- TAKE ONE (1) tablet of Linzess 290MCG with a sip of water 1 HOUR before your test
- NO medication, food, or liquids
- TAKE your usual medications 2 hrs after your test has begun
- START a CLEAR LIQUID DIET
- NO RED LIQUIDS (No milk, No orange juice)
- Gatorade, juice, water, ice pops, tea, coffee are OK
- RESUME your usual diet 4 hrs after your test has begun
- 4:15 RETURN to the office for equipment disconnect and return